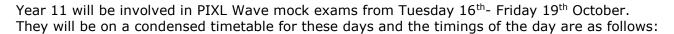
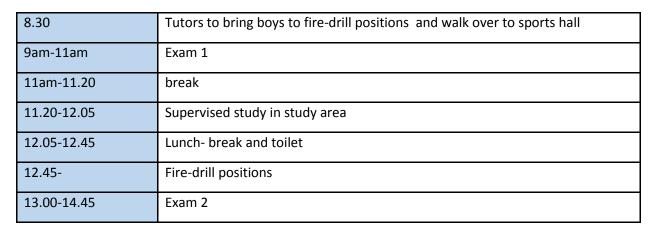
## Carshalton Boys Sports College Parent Bulletin

No. 680 5<sup>th</sup> October 2018

## Year 11 Reminder





The exams timetable can be found here:

https://www.carshaltonboys.org/page/?title=Examination+Information&pid=119

## 'Eagles Off to a Flyer'.

Carshalton Boys, Crystal Palace Academy side are feeling 'glad all over' having started the season in monumental style. 5 wins from 5 sees them 3 points clear at the top the National U19's Football Development Championship, having scored 21 goals to date. Gerald Nunoo is the league's top scorer with 11 goals in the 5 games. If you see the boys about, please give them a pat on the back.

Joe



## **HZ- Lunchtime Timetable**

HZ – Lunchtime Timetable from Monday October 8 <sup>th</sup>					
Mon	KS3/KS4 Coding Club – All comers welcome. Closed to other students.				
Tue	KS3/KS4 Coding Club – All comers welcome. Closed to other students.				
Wed	Computer Science Intervention. Closed to other students.				
Thu	Open to all students				
Fri	Closed				

## **Aimhigher News**

## Making Choices - Launch Event - Wed 26th Sept

40 year 8 students started their Making Choices adventure at the University of Sussex on Wednesday. This was the first of five visits for them where they will get to find out more about university whilst making their GCSE choices. This first visit included a tour of the campus and a subject taster in Arabic! They also met student ambassadors studying at the university included our own Ben fox now embarking on his second year. Thank you to Jess Hendle and James Karamath who accompanied them.

# Trying to have an Arabic conversation





## Bespoke Year 11 Aspire event at St Mary's Mon 1st Sept

This event (targeted primarily at our year 11 aspire students) was a bespoke session for our new Aspire group. Students got a tour of the campus; a goal setting session and a metacognition study skills session. Thanks to Danny Dudley and Freddie Hale who accompanied them.

JB (Aspire 2) - I had such a great time at St Mary's University. I learnt what you can study and do there. I also learnt many ways of skimming and scanning documents. Finally, I learnt how I can improve my time management to do more revision and how efficiently how I do revision.

ED (Aspire 2) - I found the university trip to be quite useful as it was about revision skills which, although I am already good at revision, managed to enhance the way I revise. I enjoyed the note-taking exercise as I found it

really effective

LC (Aspire 2) - I enjoyed the note taking exercise because I felt it was presented well and allowed me to understand how to more effectively make notes in less time.

## Aimhigher - Upcoming events this term

- Tuesday 30<sup>th</sup> October Year 11 NCOP visit to St Marys (5 students)
- Thursday 1<sup>st</sup> November Year 13 Personal Statement support 1 to 1s Inbound visit from Sussex University
- Thursday 1<sup>st</sup> November Year 10 NCOP Visit to Kingston University (17 students)
- Friday 9th November -Year 8 Higher Futures event at Goldsmiths University (20 students)
- Monday 12<sup>th</sup> November Kingston Uni Lab in a Lorry STEM
- Thursday 15<sup>th</sup> November Year 9 Higher Debate Oracy Project Roehampton University (11 students)
- Thursday 22<sup>nd</sup> November Year 11 Parents evening Sussex University Information Stand.
- Wednesday 5<sup>th</sup> December Year 9 NCOP visit to Goldsmiths (21 students)
- Lorna Elli

## **Chinese Cookery Workshops**

Year 9, 10 and 11 have had a great day today taking part in the Funhcca Chinese Cookery Workshops. They learnt lots about China covering population, festivals and how different flavours originated from different areas, followed by a practical demonstration and cooking session.

A good day was had by all and many boys are looking forward to creating more dishes at home! Today's dish was Hoisin Chicken and rice.... a great example of healthy "fast food".



# Carshalton Boys Sports College Menu 08.10.2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal 1	Piri-Piri Chicken	Fish & Chips	Honey Roast Gammon	Toad in the Hole	Beef Burgers
Main Meal 2	Chicken In Black bean	Fish Cakes	Roast leg of Chicken	Shepard's Pie	Spicy beef Wraps
Vegetarian	Chick pea Pitta	Roasted pepper Quiche	Broccoli & Cheese Bake	Vegetable Toad in the hole	Spicy bean Burger with crunchy topping
Fish Special					
Potato	Savoury Rice	Chips	Roast Potatoes	Mash	Potato Wedges
Vegetables	Peas & Sweet corn	Peas / Baked Beans	Assorted Vegetables	Green Beans & Peas	Sweetcorn & Peppers
Food fact					
Pasta Bar/Grab & Go Bar	Pasta Bar	Chicken & Chips	Pasta Bar	Sausage & Mash	Pasta Bake
SOUP	Tomato & Basil	Potato & Leek	Spiced Pepper	Mushroom	Sweetcorn Chowder
Refuel 2			Assorted Panini sandwiches & Drinks		
Desserts	Cherry Cake	Jam Slice	Fruit Crumble	Steamed Sponge	Assorted Sweets