

2025/26



A USEFUL
GUIDE TO

TRANSITIONING TO YEAR 7

Carshalton Boys Sports College



WELCOME



Welcome to Carshalton Boys Sports College!

We are thrilled to welcome you to our school community as you begin your journey in Year 7. This is an exciting time filled with new opportunities, friendships, and experiences.

At Carshalton Boys, we pride ourselves on creating a supportive and inspiring environment where every student can thrive both academically and personally. Whether you're passionate about sports, eager to explore new subjects, or ready to take on new challenges, there's a place for you here.

We look forward to seeing you grow, achieve your goals, and make the most of everything our school has to offer. Welcome aboard!



www.carshaltonboys.org/



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Meet Your Senior Leadership Team Principals



MR BARBER

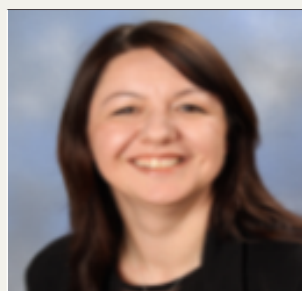


MS GAYLOR

A warm welcome to all our future Year 7 students! We are incredibly excited to have you joining our Carshalton Boys family this year. We know that moving to a new school can feel like a big step, but rest assured, we are already looking forward to helping you settle in and discover all the wonderful things that Carshalton Boys Sports College has to offer.

You're about to embark on a year filled with exciting learning, new friendships and plenty of opportunities to explore your talents. Our amazing pastoral team is here to support you every step of the way, and we can't wait to see you flourish as you become an important part of our school community.

Deputy Principals



MS MORRIS



MR AVERY



MR ROBINSON

We are really looking forward to welcoming you here at Carshalton Boys Sports College.

As a team, we work together to oversee your education and well-being during your time with us and are here to help you achieve your potential and ensure you are being the best versions of yourselves.



Meet Your Year 7 Leadership Team Your Head of Year



Ms Selva

Hi everyone! I hope you are excited about joining us in September! My name is Miss Selva, and I will be your Head of Year.

I am here to help you settle in, answer any questions, and support you, as you make new friends and try new things. Starting secondary school is a big step, and we want to make sure everyone feels welcome and ready for the adventure ahead.

I am really looking forward to meeting you all and working together, to make sure you have a great first year here, at Carshalton Boys!

Your Pastoral Support Officers



Miss Ellen

Welcome! My name is Miss Ellen and am looking forward to meeting each and every one of you . This is your year to shine. At our school, we value kindness, respect, and always giving our best. I know you're ready, and I can't wait to see you all achieve!

Hello, my name is Ms Garcia. I am so excited to welcome you to Carshalton Boys. Your journey to GCSE's is about to begin and I hope you'll make many new friends and some unforgettable memories along the way!



Ms Garcia

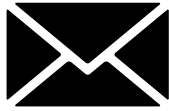
 If you need support or want to find us, you can come to the mezzanine at C31. We're always happy to help!



CONTACT US

Contact the Year 7 Team

Please use the following contact details if you need to speak to a member of the Year 7 team



Email

To email us, please use:
[Year 7@carshaltonboys.org](mailto:Year7@carshaltonboys.org)



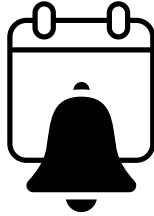
Address

Carshalton Boys Sports
College
Winchcombe Road
Carshalton
SM5 1RW



Telephone Number

020 9714 3100



If your child is absent from school please email
attendance@carshaltonboys.org before 8:20am

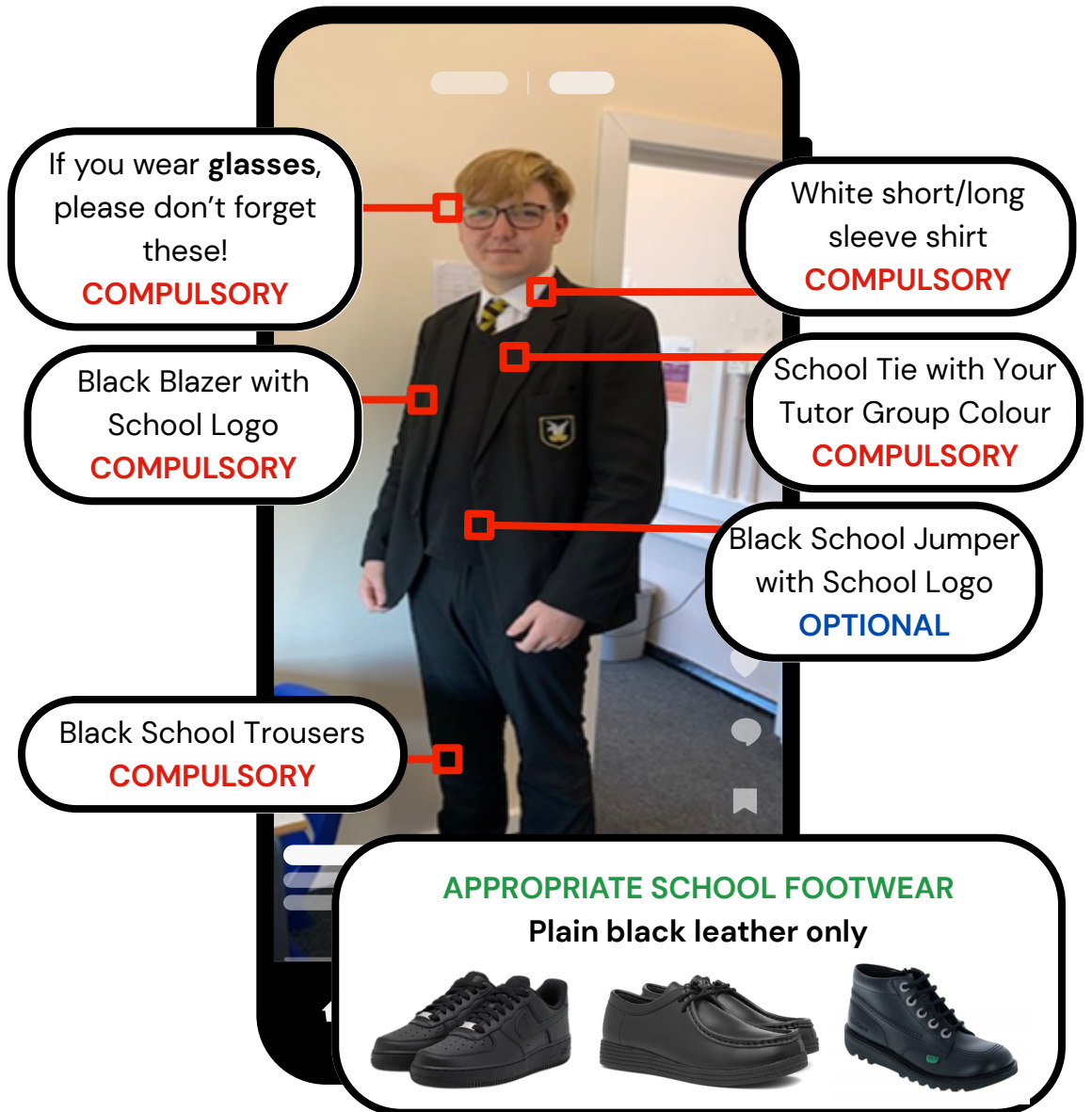




UNIFORM

School Uniform

It is so important to come to school in the correct school uniform everyday however if you forget anything, please speak to your year team who will provide you with suitable alternatives



ITEMS NOT PERMITTED:

Students must not wear non-leather, black trainers, caps, sweatshirts, hoodies, fleeces or any other item that is not deemed to be school uniform. All such items will be confiscated. School coats should not be worn inside school buildings.

Students should not bring jewellery to school, and under no circumstances may a student wear any piercing item, e.g. ear-piercing.

If a student comes into school wearing any piercing item, the student will be asked to remove it, regardless of when the piercing was done.



PE KIT

PE Kit

Physical Education (PE) is a vital part of your school experience. It helps you stay active, healthy, and confident, while also teaching teamwork, resilience, and important life skills. As you move into Year 7, PE will give you a chance to try new sports, improve your fitness, and have fun with friends in a different setting from the classroom.



Wearing the correct PE kit is important because:

- It keeps you safe and comfortable while taking part in physical activities.
- It allows you to move freely and perform your best.
- It shows respect for your school and helps everyone feel ready to learn and take part.
- It helps prevent injuries and keeps lessons running smoothly.
- Getting into the habit of bringing the right kit and being prepared for PE will help you feel confident and ready to enjoy all the opportunities secondary school has to offer.



EQUIPMENT

Equipment for School

YOU WILL NEED...

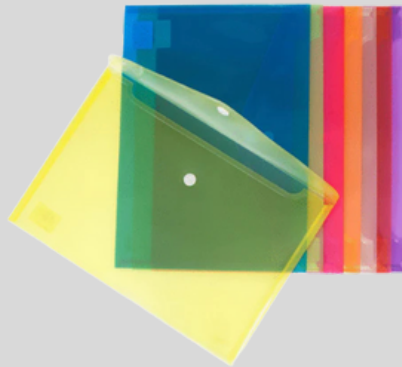


A4 SIZED
BACKPACK

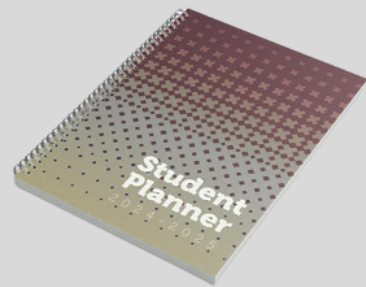


BLUE/BLACK PENS
PENCILS
RULER
ERASER
SHARPENER

PROVIDED BY THE SCHOOL...



WORK OUTSIDE THE
CLASSROOM FOLDER



STUDENT
PLANNER

It is your responsibility to make sure you have all of your equipment everyday!



Your School Day

BEFORE SCHOOL



It is important to have a healthy breakfast before school because it gives your body energy and helps you stay focused and alert in class.

8:00AM - 8:20AM

If you miss breakfast at home, you can also get breakfast at school!



8:30AM - 8:55AM

MORNING REGISTRATION

9:00AM - 9:55AM

PERIOD 1

10:00AM - 10:55AM

PERIOD 2

10:55AM - 11:15AM

BREAK

11:20AM - 12:15PM

PERIOD 3

12:20PM - 1:15PM

PERIOD 4

1:15PM - 1:55PM

LUNCH

2:00PM - 2:55PM

PERIOD 5

2:55PM - 4PM

PERIOD 6/ENRICHMENT

THE SCHOOL DAY

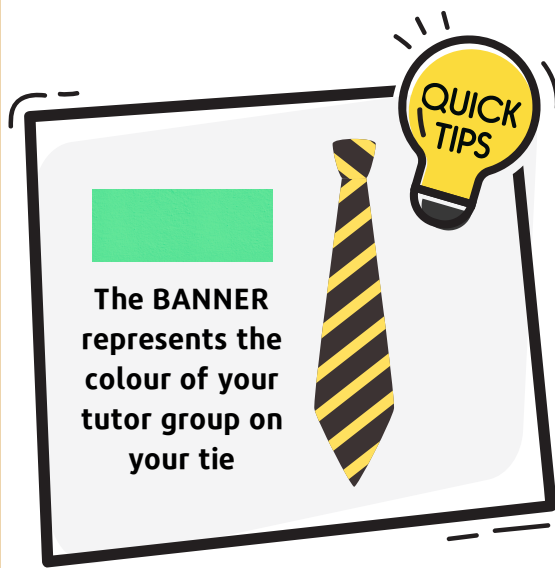


TUTOR GROUPS

Tutor Group Information

When you start Year 7, every morning you will go to registration with your tutor. Your tutor is a teacher who will see you every day and is your first point of contact if you need help or advice. They will get to know you well and support you throughout the year.

You will be part of a tutor group, a small group of students who meet regularly and spend some lessons together, including PSHE (Personal, Social, Health, and Economic education) every other week. PSHE helps you learn important life skills like working with others and looking after yourself.



We carefully organise tutor groups using lots of information to make sure they work well for everyone. Being in a tutor group gives you many opportunities to get to know each other, make new friends, and feel part of the school community.

Your tutor and tutor group will help make the transition easier. You won't be on your own.



7A - ATTENBOROUGH



7C - CHURCHILL



7E - ELGAR



7F - FLEMING



7M - MASEFIELD



7N - NUFFIELD



7P - PANKHURST



7R - RUTHERFORD



7S - SINCLAIR



7W - WEIR



SCHOOL MAP



Carshalton Boys Sports College
 Winchcombe Road
 Carshalton
 Surrey SM5 1RW
 T: 020 8714 3100
 F: 020 8714 3190
 E: contact@carshaltonboys.org



Work Outside the Classroom

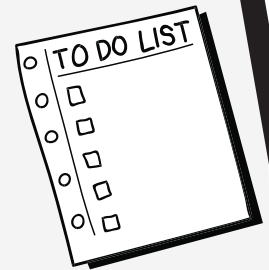
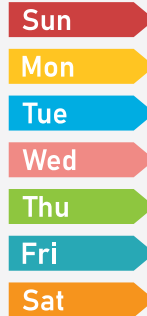
At secondary school, you will receive homework for different subjects to help you practise what you've learned in class. It's important to stay organised and make sure your homework is completed and handed in on time.

Sparx Maths



QUICK TIPS

- Write down your homework and due dates to stay organised.
- Do homework at the same time each day in a quiet place.
- Break big tasks into smaller steps and start with the hardest first.
- Avoid distractions like phones while working.
- Ask for help if you're stuck— teachers, parents, or your tutor can support you.
- Check your work before handing it in.
- Treat yourself after finishing to stay motivated!



• **ADD PIC OF FAST PASS FOR SPARX**

Sparx Reader

Each week, you will also receive Sparx Maths and Sparx Reader tasks to support your numeracy and literacy skills. These are fun, interactive activities that help you build confidence in reading and maths.

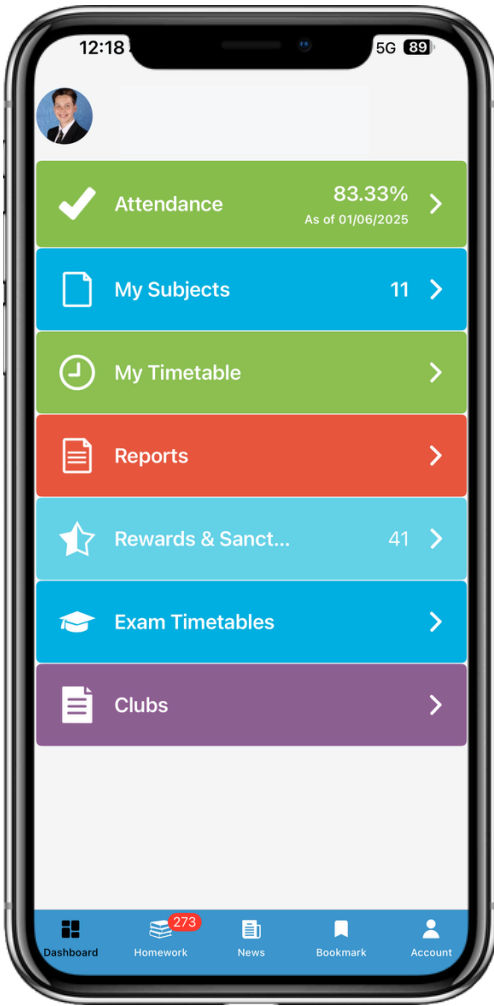
If you're finding it difficult to complete your WOTC (Work Outside The Classroom), speak to your PSO (Pastoral Support Officer) or Head of Year — they may be able to help you join WOTC Club, where you can get support and time to complete your tasks.



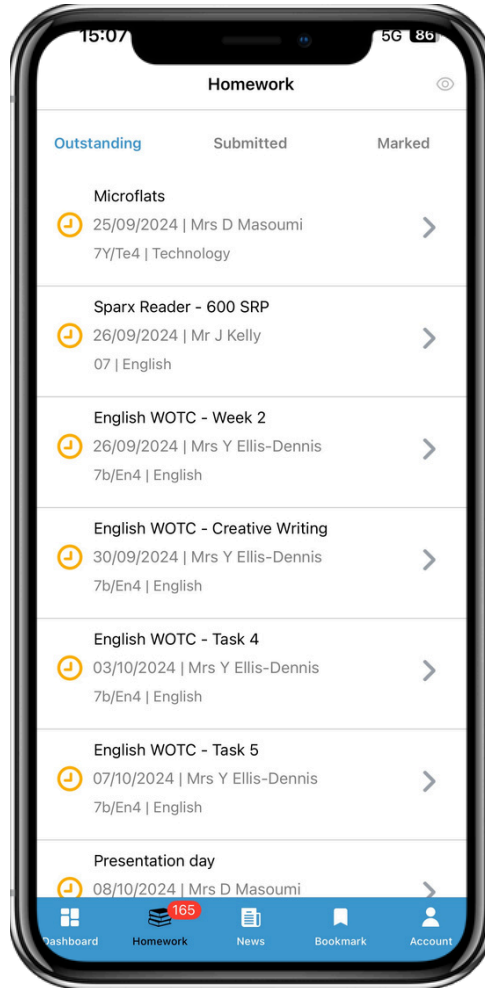
The BROMCOM App



FOR USE BEFORE AND AFTER SCHOOL ONLY



YOUR DASHBOARD



YOUR LIST OF HOMEWORK

The **Bromcom app** is a helpful tool that shows you your lessons for the day and your WOTC (Work Outside The Classroom) tasks. It helps you keep track of what you need to do and when your homework is due. However, since Year 7 students won't be allowed to use their phones during the school day, it's important to be prepared.

Make sure you always have your school planner with you, and keep a printed copy of your timetable stuck inside it. This way, you can easily check your lessons and homework without needing your phone. Staying organised will help you start each day ready to learn!

QUICK TIPS

Your timetable has two weeks:

BLUE WEEK

GOLD WEEK

BROMCOM



ATTENDANCE

Attendance

Attendance really matters at Carshalton Boys. Every school day counts and every day missed results on lost learning.

All students in Year7 must aim for 100% attendance. Good attendance is 96% and above. Whilst 90% may sound like a high statistic, in terms of schooling it represents a concerning level of attendance which equates to one day off every fortnight. This would considerably impact your learning and progress.

Good attendance helps you to thrive in secondary school and improves you academic success.

% attendance in a school year	Days of absence in a school year	Weeks missed in a school year
98%	4	Less than 1 week
95%	9.5	Almost 2 weeks
90%	19	Almost 4 weeks
85%	28.5	Almost 6 weeks





WHAT DOES LOVE

Love feels like home

Love is bea

Love is the strongest

e feels

Frequently Asked Questions

What are the rules like at CBSC?

At CBSC, we have clear rules that everyone must follow. We expect all students to behave well and meet these high standards every day. You can find more information about our Behaviour for Learning policy on the school website.

Why do I have to complete Work Outside the Classroom (WOTC)?

At Carshalton Boys Sports College, homework is called Work Outside the Classroom (WOTC). It's an important part of your learning, and you need to finish it by the deadline.

If you don't complete your WOTC, you will have to attend a help session with your teacher during break, lunch, or after school. If you miss this, you will get a detention.

You will get a planner to organise your WOTC, and your teachers will set tasks on the MCAS app.

If you find the work hard or can't finish it, talk to your teacher before the deadline. There is also support at school, including computers and Chromebooks you can use to help with your WOTC.

What happens if I do not complete my homework?

If you do not complete your homework, you will be set an afterschool intervention.



Does the school have a reward system?

You can earn reward points from staff for positive behaviour such as excellent work, good effort, being helpful, and more. At various points during the year, you'll have the chance to trade your points for prizes at the school shop.

Keep up the great work and make the most of every opportunity to earn rewards!

What should I do if I get lost or need help?

If you're unsure where to go or have a problem, don't worry, just speak to any member of staff, and they'll be happy to assist you. You can also visit the Year 7 Team Office in Room C31, where someone will be available to help you

How often do I see my tutor?

You will see your tutor every day from 8.20am to 8.55am. Over the week you will have a range of activities to cover, and you will have a whole year group assembly or House assembly, depending on the week.



FAQS

What can I do at break and lunch time?

In Year 7, you'll have access to your own dedicated playground. This area includes table tennis tables, a basketball court, and our Refuel, where you can buy sandwiches, drinks, and lots more. There's plenty of space to sit and enjoy your own packed lunch, and if you're in the mood for something hot, our school café offers a variety of delicious meals. The library is also open during break and lunchtime, providing a quiet space to read or catch up on homework.

How do I know which lessons I have and where they are?

At Carshalton Boys, we follow a two-week timetable: Gold Week and Blue Week. You'll be given a copy of your timetable, which clearly shows what lessons you have, which rooms they're in, and who your teacher is. But if you get a little lost, just ask anyone for help, we are all friendly!

How much homework will I get?

At Carshalton Boys we begin Year 7 with a staggered approach to homework and you will start with Maths and English to get you in to good habits and then it will increase. Homework is compulsory!

What is academic enrichment?

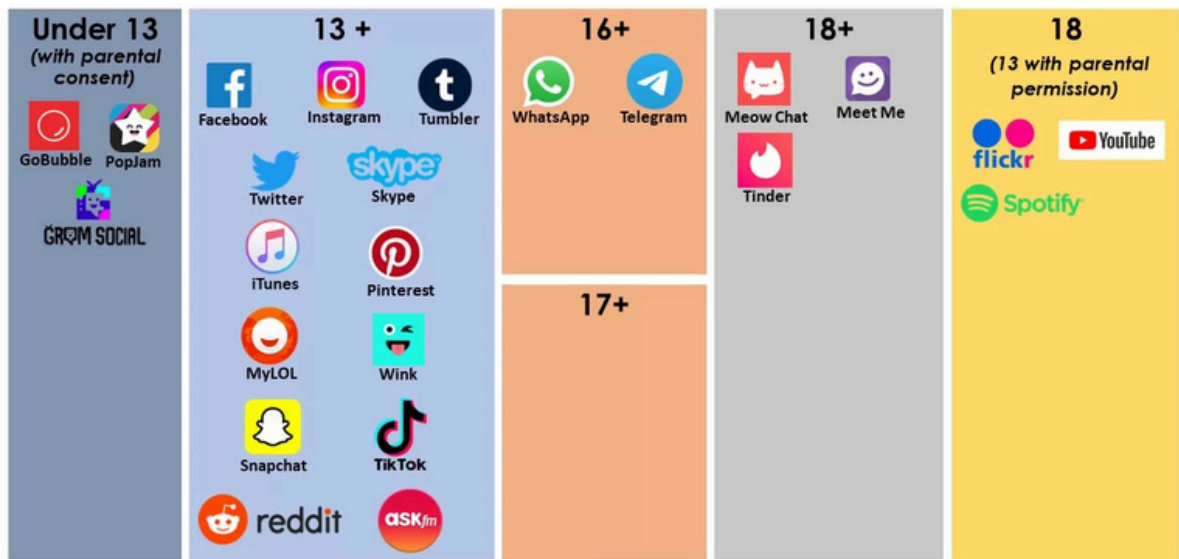
We run a broad and varied enrichment program and all year 7 students are expected to sign up to at least one session per week.



Top Tips for Parents/ Carers- Mobile Phones and Online Safety

Some Year 7 students will be using apps to chat, share and scroll. Many platforms have minimum age limits. These are in place to protect children from exposure to inappropriate content, advertising, or contact from strangers.

Social Media Age Restrictions



Enable parental controls/ apps on your child's phone, such as Family link and FamiSafe

- ✓ Set up location tracking to and from school
- ✓ Block inappropriate websites and content
- ✓ Show your child how to block and report content or users.

On apple devices, guidance on setting up parental controls can be found here: <https://support.apple.com/en-gb/105121>



Helping Your Child Settle into Secondary School

Starting secondary school is a big moment—not just for your child, but for the whole family. Here are some quick tips to support a smooth and confident transition:

Listen & Reassure

Let your child share how they're feeling. It's completely normal to feel a mix of excitement and worry.

Stay Positive

Talk about the exciting parts—new friends, fun subjects, and new experiences!

Practice the Journey

Do a trial run of the school route. Knowing how to get there helps reduce first-day anxiety.

Get Organised Together

Check uniforms, pack bags, and gather supplies ahead of time. Feeling prepared builds confidence.

Set Routines Early

Establish a consistent bedtime and morning routine before school starts.

Stay Involved

Show interest in school life. Ask about their day, their new friends, and what they're learning.

Every child is different—your encouragement, patience, and support go a long way.







Carshalton Boys Sports College

Principals:

Mr Simon Barber

Ms Jenny Gaylor

www.carshaltonboys.org

Email: contact@carshaltonboys.org

Telephone: 020 9714 3100

Sixth Form contact:

sixthform@carshaltonboys.org